



**Healthy Food  
Healthy Life**

स्वस्थ खाना स्वस्थ जीवन

**Vegan Star Nepal**

Plant-Based Goodness.

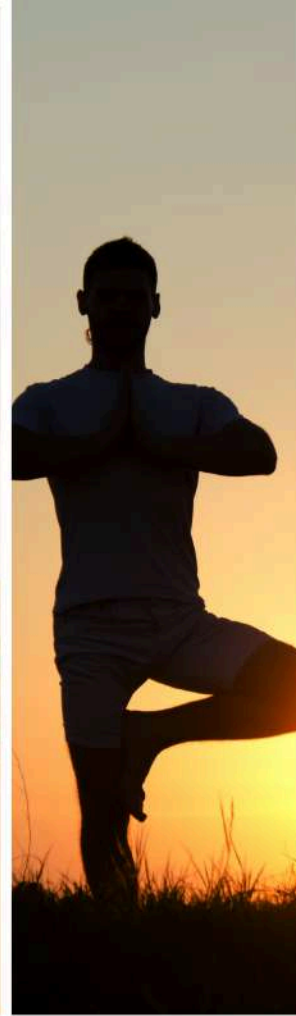


## WHAT IS VEGAN?

Vegan is about love and respect for every living being.

It's the belief that animals deserve kindness, just like we do.

So we choose food that nourishes our body while protecting life and nature.



## Our Best Products

### 1 Vegan Seitan Raw – A Very Healthy High-Protein Plant-Based Food

Vegan Seitan Raw is a healthy, plant-based meat substitute made from Nepal's premium wheat gluten and natural mixed beans, blended with natural spices for a delicious vegan experience.

Rich in 29.62% protein, low in calories, and free from animal fat, it supports muscle health, weight management, and heart-friendly eating. With spices like black pepper, cumin, coriander, and cardamom, it delivers a satisfying meat-like texture and flavor—perfect for curries, grills, wraps, stir-fries, vegan choila, momos, sadeko, chilly, burger patties, salads, and more.

1. Asian Specialties  
Can be Make - momo , choila
2. Stir-Fries
3. Grilled or Pan-Fried
4. Curries and Stews
5. Soups  
Adds protein and chewiness to miso soup, ramen, or vegetable soups.
5. Sandwiches and Wraps
7. Fried Dishes



### 2 Seitan Jerky (Without Onion & Garlic) Healthy Vegan Protein Pickle

Seitan Jerky is a healthy plant-based protein food made from premium wheat gluten and natural spices. Prepared without onion and garlic, it is perfect for those who want pure vegan food with rich flavor and high nutrition

With a blend of spices like black pepper, cumin, coriander, and cardamom, it delivers a bold taste and satisfying jerky texture while supporting a healthy plant-based lifestyle.

#### Key Highlights:

- 100% Vegan & Plant-Based
- High Protein (29.62%)
- Low Calories
- No Animal Fat
- No Onion & Garlic
- Proudly Made in Nepal



For Information +97715405999 | 9815999999 [contact@veganstarnepal.com](mailto:contact@veganstarnepal.com)

Kusunti -14 Lalitpur Nepal

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Plant-Based Goodness.

## 3 Vegan Jerky (Spicy)



Seitan Jerky is a healthy plant-based protein food made from premium wheat gluten and natural spices. Prepared without onion and garlic, it is perfect for those who want pure vegan food with rich flavor and high nutrition

With a blend of spices like black pepper, cumin, coriander, and cardamom, it delivers a bold taste and satisfying jerky texture while supporting a healthy plant-based lifestyle.

### Healthy, Delicious, Travel-Ready Food

FOR TREKKERS & TRAVELLERS

#### Key Highlights:

- 100% Vegan & Plant-Based
- High Protein (29.62%)
- Low Calories
- No Animal Fat
- No Onion & Garlic
- Spicy Taste
- Proudly Made in Nepal

## 4 Seitan Jerky (Timmur Chop Flavor)

Seitan Jerky (Timmur Chop Flavor) is a delicious plant-based snack made from high-protein seitan (wheat gluten) and a unique blend of natural spices with the bold taste of Nepali timmur. Inspired by the popular chop flavor, it delivers a rich, tangy-spicy taste with a satisfying jerky texture that is perfect for people who enjoy flavorful vegan snacks.

Packed with plant-based protein and free from animal fat, it is a great choice for healthy snacking, trekking, traveling, or adding a spicy Nepali twist to your favorite meals while supporting a healthy lifestyle.

#### Key Highlights:

- 100% Vegan & Plant-Based
- High Protein (29.62%)
- Low Calories
- No Animal Fat
- Garlic, Ginger & Timmur Flavor
- Proudly Made in Nepal



## Our Product Promise

स्वस्थ खाना स्वस्थ जीवन  
Healthy Food, Healthy Life



### 100% Plant-Based & Vegan

Made with natural ingredients, promoting a compassionate and sustainable lifestyle.



### Healthy & Heart-Friendly

No animal fat and lower calories for better overall wellness



### High-Protein Nutrition

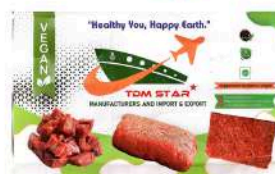
Supports muscle health, strength, and a balanced diet.



### Proudly Made in Nepal

Supporting local production and healthy vegan innovation.

Scan to Discover  
Our Vegan  
Products



Made by: TDM Star  
Pvt. Ltd., Nepal

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